/250 cont./

844 602 [114] animals may walk. According to Madame Hadjimichali, (3) the burial takes

3. Ibid., A.I. p. [illegible]. --A statement that our own observations have not permitted us to confirm.

place under the very hearth of the hut. No glance, especially not a male one, must fall on the placenta at that moment.

764 A practice of parallel significance is found in death customs. The deceased is laid on the ground on a velentza until the moment of burial. [705] [262] And in order that his soul should find rest and forgiveness of men and God, "the cake of the dead," the kolyva is prepared on a plate from grains of wheat boiled in water. It represents the body and is likewise placed in the ground.

847 [789] [825] [128] Finally, we must mention again the viper head which the spouses wear as an amulet.

If we have presented all these practices without comment it is because we intend to discuss them all together.

842 821 823 825 831 372 What stands out first of all when we consider them is that the Sarakatsani appeal to the moon, the earth, the fire and the snake--personifying the forces whose common trait is their favorable influence on fertility. All four represent the source of life: the moon "living and inexhaustible in its own regeneration...and the source of universal fertility"; (4)

4. See M. Eliade: Traité, pp. 145, 148 and the bibliography. /?previously/ mentioned.

the earth, mother of all; (5) fire, symbolizing rejuvenation and immortatlity; (6)

5. See G. Samter: Geburt, p. 2 f., M. Eliade: Ibid., p. 223.

6. See H. Jeanmarie: Dionysos, p. 387.

the snake, image of the moon, which regenerates itself by shedding its skin, (7) and which resembles the phallus. (8)

7. G. Van der Leeuw: La religion, p. 67.

8. M. Eliade: Ibid., p. 152.

842 /250 cont./
821 By wearing them or coming in contact with them one benefits from their
823 virtues.
372
825
/251/ In practice all this is interpreted as follows: the decoration
531 of the skirt and the bride's cake serve as the lunar amulets. Giving birth
262 on the ground and in the posture in which the ancient goddess of birth
585 Eilithyia /Artemis/ is shown insures for the child the advantages which
844 come from contact with the earth. (9)
196

9. See B. Nyberg: Kind und Erde, p. 207 f.--Birth by proximity, according to M. Eliade: Ibid., p. 265.--Van der Leeuw: Ibid., p. 119.--Monolina Marconi: Riflessi mediterranei /Mediterranean reflections/, p. 254 f. p. 254 f.--Marie Delacourt: Stérilité, p. 31 f.

844 The placenta which has nourished the child until then returns to the earth
764 where a new life will rise again (10)

10. G. Van der Leeuw: Ibid., p. 45.

(the position of the deceased directly on the ground and his commemoration by means of the grain which is buried and comes to life again symbolize the same life cycle). (11)

11. J. Przyluski: La grande déesse, p. 134 f.--G. Van der Leeuw: Ibid., p. 87.--P.M. Schuhl: La formation de la pensée grecque, p. 211.

372 The healing, invigorating fire which makes mortals immortal and which is
844 born from two pieces of wood representing the two sexes, (12)
842

12. G. Van der Leeuw: Ibid., p. 49, also citing Ad. Kuhn: Die Herabkunft des Feuers und der /sic--should be: des/ Göttertranks, p. 64 f.

protects the mother who gives birth in front of it, as well as the newborn child. (13) Moreover, it encourages a new impregnation by the burial of the

13. W. Mannhardt: Antike Wald und Feldkulte, p. 503.

/252 cont./

842 171 16. In support of our argument, we herewith present some of these testimonies classified according to subject:

842 171 821 I. The moon as a fertilizing force: a) Antiquity: J. Przyluski: Ibid., p. 134-315 and his citations.--Ch. Picard: Ephèse et Claros, pp. 368, 3710372.--E.O. James: La Déesse Mère, p. 167.--b) Byzantium: ΔΙΟΣΚΟΥΡΙΔΗΣ: Περί ὧν ἱστορικῆς λόγος,

[1989] 5, 141, saying that the women wore as an amulet the "selenite" stone /a variety of gypsum; named "stone of the moon in Greek because it was believed to wax and wane with the moon/.--c) Modern Greece: The bride among the Karagounides of Thessaly wears motifs called "moons" on her wedding dress (personal observation).

823 842 171 844 II. The earth and its forces on behalf of birth and the newborn child: a) Antiquity: The earth gives birth to all beings, nourishes them, then receives from them anew the fertile seed."--

ΠΛΟΥΤΑΡΧΟΥ: Περὶ ἄρρ. προσόψεως σελήνης,

28, B 18, where the dead are called "Demetreioe," that is, "belonging to Demeter," goddess of grains. Let us add that during the hierogamy symbolized in the Eleusinian mysteries, the hierophant gave the initiates a stalk of grain, J. Przyluski: Ibid., p. 87, P. M. Schuhl: Ibid., p. 211, symbol of rebirth.--Moreover, during antiquity, the birth and death of the grain

« ἄνοδος καὶ κατωτέρω »,

represented "the eternal vicissitudes of existence," which begin and ends on and in the earth. G. Van der Leeuw: Ibid., p. 87.--Leto gave birth to her children Apollo and Artemis at Delos, kneeling on the ground.--b) Byzantium: The priests of the Orthodox Church follow the custom of pronouncing during a burial the passage from

/252 cont./

823 Genesis, Chapter 19 /actually chapter 3 verse 19/ "for dust
842 thou are, and into dust shalt thou return: (King James Version)
171 although according to Ν. ΠΟΛΙΤΗΣ : Λαογραφικά, Τ.Β.-
844 p. 269, this quotation is not included in the service of the dead.--According to the physician: ΣΩΡΑΝΟΣ: Περί γυναικείων, p. 357, 12, the women also gave birth kneeling on the ground.--c)Modern Greece: The Karagounides women lay the newborn child on the ground. At Rhodes the same thing is done "so that the muscles of the little one and its body will be strong,"
Α. ΒΡΟΝΤΗΣ : Λαογραφικά Ρόδου, p. 568.

372 III. On the properties of fire: a) Antiquity: According to
171 the legends of Achilles and Demophon, Thetis and Demeter wished to make themselves immortal by passing through fire, H. Jeanmarie: Ibid., p. 387-6. According to ΠΑΟΥΣΑΝΙΟΥ : Αρκαδικά, 35, for Greece, and Virgil: Aeneid, vii, 71, for Rome, the power of fire was considered efficacious against evil influences. According to Przyluski: Ibid., p. 144, the custom of new fire at the beginning of the year represents the energy that reanimates nature after the mortal cold of winter. b) The same custom is to be found in Modern Greece: It is called "the marriage of fire," the fire that is lighted with two pieces of wood, the one "male," the other "female," on Christmas eve or New Year's day, in Thessaly, in Leukas (Greek island), Ν. ΠΑΣΣΑ : Λαογραφικά, p. 123-124 and elsewhere.--We shall speak farther on of the healing properties of fire in case of illness and otherwise. Let us but note the custom, in Macedonia and Throw, of lighting the healing fire by friction in imitation of the coming together of the sexes.

825 /253/ IV. On the snake: a) Antiquity: According to
171 ΑΡΙΣΤΟΤΕΛΟΥΣ : Ιστορία Ζώων, IX, 12
(821) and Pliny: Natural History XI, 28, the snake is a representation
(831) of the moon since it appears and disappears. It also has the

/252 cont./

825 character of a sexual symbol because of its connection
17 with women.-- ΠΑΥΣΑΝΙΑΣ : Περιήγησις
(831) II, 10. 30. Suetonius: Divus Augustus, 94, etc.
According to Sir Ar. Evans: Palace of Minos /cited in English/, vol. IV, p. 138 f., It is the guardian of the hearth and of the house «ἑστιοῦχος δόμος»,
M. Nilsson: Minoan Mycenian Religion /cited in English/, pp. 247, 248.--As the personification of Zeus it is, according to Homer, the protector of the enclosure «ἕρκειος Ζεύς».
Being chthonian, it is related to the dead, according to G.
(842) Van der Leeuw, ibid., p. 67. We have seen the role of the latter in fertility. The caduceus of the psychopomp Hermes, /namely/ snakes entwining the tree of life, symbolize this last point very well.--b) Byzantium: In the magic books of Byzantium the snake recurs as an antidote to sexual impotence:

Φ. ΚΟΥΚΟΥΛΕΣ : Βυζαντινὸς Βίος, τ. VI, p. 248.

c) Modern Greece:

Κ. ΧΑΤΖΗΙΩΑΝΝΟΥ : Ἔθιμα Κύπρου. Φ. ΚΟΥΚΟΥΛΕΣ :

Ibid., p. 243.

12 We are therefore compelled to assert that this common symbolism covers an
842 identical content. If the Sarakatsani are Greeks, if they have lived in
82 the same cultural ambience and in the same geographic area as the other
825 Hellenes, why should we conclude that these /253/ practices, which are
823 the same, take on a different meaning when one passes from one case to the other? It seems to us, on the contrary, that this would be a misinterpretation, the more so since no aspect of Sarakatsani life warrants our formulating any other hypothesis or inferring from it another interpretation. Moreover, if one has recourse to the methodological criterion
(116) accepted above, that of the possibility of integrating the content of

/253 cont./

different practices into a coherent system, we see that from the moon to the snake, from the snake to the earth, from the fire to the moon, there is a continuity, if not apparent and logical, certainly symbolic since all these forces are merely variants or avatars of the belief in the great creative force which dominates the world and which is personified in the Great Goddess, the Mother-Goddess. (17)

17. On the evolution of the cult of the Mother-Goddess and her avatars from the Minoan epoch to the imposition of Christianity we refer to the works already mentioned and full of information by E.O. James: Ibid., pp. 143, 144, 153, 154, 155, 156, 158, 159, 160, 264, 165, 166, 167, 168, and J. Przyluski: Ibid., pp. 87, 134, 135, 144.

However, it would be erroneous to assume that the Sarakatsani when they seek to influence fertility through the medium of symbols stemming from the belief in the Great Goddess, also worship the latter and can therefore be considered followers of a religion other than Christianity. It is necessary to see here another phenomenon, well known elsewhere, (18)

18. See R. Bastide: Sociologie Religieuse /Religious /Sociology/ p. 16.

which occurs when one religion replaces another. While yielding to the new, the ancient religious practices continue to exist, but henceforth become integrated in the magic practices, and are considered as such while simultaneously entering into a certain syncretism which permits them to survive, the /254/ officially religious ideas hallowing the officially profane ideas which would otherwise be intolerable. (19)

19. In political law as well as in canon law of Byzantium one finds countless rules forbidding the practices deriving from religions that were ancient and described as magic, as for example: Codex Theodocianus, 9, 16, 2.--Codex Justinianus, 9, 18, 4.--

Basilod, 60, 60, 5 et 6, etc. — ΒΑΛΣΑΜΩΝ : [illegible] collected, in : M. P. G., 138, 1 949, etc.

/257 cont./
the dogs and the reed of the shepherd symbolizing herding, the distaff, the wool crafts, the horseshoes, the means of transport and the migrations, the vipers and scorpions, the protective forces.

The complex of ideas and beliefs symbolized by all these practices is clear. As a female who is a virgin, the young girl is the most appropriate being to promote birth, especially the birth of female animals at the very moment when one cycle ends and another begins it for the new year coincides with the period of lambing. The woman, besides, is a tangible force of fertility and is very often found at the center of customs and rites having to do with the fertility of the earth. (26)

26. See G. Van der Leeuw: Ibid., p. 85-86 and material cited by him.

Moreover, she is connected with the moon from which she derives her symbolic virtues. As a result, she is likewise bound up with the waters. (27)

27. Varron: Ling. Lat. 5, 61.--The goddess of fertility is the goddess of the waters.--See J. Przyluski: Ibid., p. 27.--She ruled the elements, held sway over the air and the waters. --See Ch. Picard: Ibid., p. 377.

She is thus charged with pouring butter and cheese into the spring--a libation for abundance, (28) very conveniently connected with the ritual

28. The offerings at springs, pools and water holes are very frequent in different regions of Greece, and are practiced to the same ends as those of the Sarakatsani, see Ph. Koukoules: Ibid., vol. I, part II. p. 274 and his citations.

of Christmas day. It completes the latter and its specific symbolism aims to assure one after another the following ends: fertility, birth of females, productive animals, abundance.

The symbolic efficacy of fire, here in the form of the half-charred log, (29) of grain in the form of the pastry, of the snake and the scorpion

/258 cont./

in Byzantium: Ἰωάννου ΧΡΥΣΟΣΤΟΜΟΥ: p. 106.--

This is the unlucky person.

Thus, an old Sarakatsani woman told us that one year her husband, inadvertantly, was the first person to enter the hut. That year their sheep gave them only rams.

The second observation has to do with the position on the ground of the young girl who visits the huts. It is a symbolic means of influencing the ewes and compelling them not to chase off their young when the latter try to nurse just after their birth, as they very often do, thus endangering the lives of the newborn animals.

Fertility, Abundance and Prosperity.

The problem of feeding the livestock is only partially solved by the seasonal migrations in search of grass. A drought is enough to destroy everything. To avert such a possibility the Sarakatsani addresses himself again to the universal creative forces personified in other avatars of the Mother-Goddess capable of promoting the fertiltiy of the earth and the abundance of vegetation.

These avatars are connected with the evolution of ideas about the Mother-Goddess during antiquity in the direction of an acceptance of the existence of a male principle at her side. This principle progressed from being her son, then her companion, first in a fraternal sense then in a sexual one, finally securing supremacy for himself. Generally this figure dies young only to be resurrected later, full of strength /259/ and vitality; it symbolizes nature, which dies in winter and is regenerated in the spring, and to nature it transmits its forces. (32)

32. The Mother-Goddess becomes Rea, the mother of the Cretan Zeus who is not yet "the father of men and of gods" of the Homeric epoch, but a god of fertility who dies periodically: P.M. Schuhl: Ibid., p. 95, J. Przyluski: Ibid., p. 129, H. Jeanmarie: Couroi et Courètes. She generally becomes Cybele of Phrygia, assisted by Attis; her worship and the passion of

/260 cont./

and the multicolored viper
as a collar around your neck...

/261/ May the stones of this house
never loosen
and may its master enjoy a long life...

Only the "bride," her head hidden beneath a scarf and not carrying bells, keeps herself apart in an attitude of great modesty; she neither sings nor dances.

The meaning of this song is obvious. The word "Madana" by which the one who is preparing herself for the festival is addressed and who is none other than the mistress of the house, means, in our opinion, the "mistress of the waters." In order to interpret this word which, incidentally, is not a Greek word, we refer to mandani, the device which beats woven material for a long time in water and of which we have spoken in connection with crafts. In the northern part of Greece this device is also called batani, a word whose origin is probably found in the Slavic vada which means "water" (vandani, and by transposition, batani).

It is not surprising that the Sarakatsani on that day address the mistress of the waters. We shall see later on that certain evil subterranean spirits, the kalikantzari, move about the earth at that time and must be exorcised by water. That is not all. The presence of the married couple together with that of the mistress of waters shows immediately that we are dealing here with a practice incouraging fruitfulness, and the fertility is expressed in the complex: woman (Madana), water, couple. As for the song, it completes the symbolism of creative forces. The sun, driving out the chthonian spirits and itself personifying these same forces, (35)

35. See the myths of Apollo.--J. Przyluski: Ibid., p. 120, referring to the work of M. Chapouthier: Les Dioscures, pp. 268-281, establishes the relations existing between

533 /261 cont./
796 the Great Goddess, the Dioscuri, the sun and the moon.
789 --M. Eliade: Ibid., p. 132, says that "Helios is also
996 titan, epiphany of generative forces...In Crete, Helios
(171) is taurin and becomes the spouse of the Great Mother"...
"in addition he maintained relations with the chosen
world of darkness: sorcery and the underworld." Also,
he is connected with the snake.

(821) the moon and the snake are all summoned to fulfill auspicious functions
(825) as we know. On this point it is necessary to specify that in this verse
796 there is no contradiction between the invocation of the influence of the
789 sun which drives away the chthonian spirits and that of the snake, al-
821 though the latter is a personification of chthonian forces. In magic
825 rites in general, moreover, the direction of every force evoked is exerted
533 depends upon the orientation /262/ that the practitioner assigns to it. (36)

36. M. Eliade: Images et Symboles, p. 147.--
See also the preceding footnote on the sun-
serpent relations.

796 The coherence of the song is therefore absolutely safeguarded. Finally,
789 the last lines that speak of the stones of the house are the result of
533 acculturation, a borrowing of verses sung under the same circumstances by
177 young people in surrounding society. (37)

(529) 37. These are popular songs sung on Christmas Eve
and New Year's day, which include wishes for the
domus and hence for the longevity of the inhabitants.

771 The syncretism with Christianity of these more ancient ideas which
796 198 have given rise to these ceremonies is obvious.

789 Now, the theme of abundance finds considerable support in the practices
we have just described, since in general where there is fertility, abundance
(182) follows. Moreover, certain parts of these same practices are directly con-
(796) cerned with it (offerings at the springs--parts of the scenario of Epiphany,
(585) etc.). But there is more: there is the ritual performed by the bride at

/264 cont./

776 Sarakatsani do not give a detailed description, are only nominally fused with the Satan of Christian tradition. These are the saïtanarei; they harm men, but they do not lead them into temptation. Others, such as the kalikantzari, which we have already mentioned, rather ressemble practical jokers. Finally, the Daoutis, a dreadful spirit, attacks the flocks and exterminates them.

776 823 The saïtanarei usually frequent caverns, precipices, mountain passes, the crossings of roads and footpaths, thoroughfares, fig trees and nut trees, the places where the flocks take salt. In crossing the mountain one sometimes sees "bell holes," as they are called by the Sarakatsani, deep hollows /265/ in the bare rock in the shape of inverted bells; these resound with the cries and roars of these spirits. One must at all costs avoid passing near these holes. For the same reason, one must avoid sleeping on the [828] passes. "If you fall asleep there," the Sarakatsani say, "you will have 776 terrible nightmares." One must also beware of passing through the small 821 tornadoes of summer. The wind which rises in the form of a column of dust and dead leaves shows that a flock of demons is performing a circular [753] dance. The bold one who approaches it will most certainly be stricken with 776 headaches and vertigo. (42) Analogous dangers and even serious illnesses, 753 824 indeed incurable illnesses, lie in wait for the one who falls asleep under a fig tree or a walnut tree. (43)

42. Probably because of the circular movement.

43. Obviously because of the aromatic volatile oils (essences) which their leaves contain and which the sleeper inhales. The dangers that come from tornadoes and trees are mythically represented by the Sarakatsani.

776 [824] These trees are regarded as being inhabited by supernatural beings.

However, it is not always easy to avoid encountering these demons. [487] The passes are obligatory crossings in the mountains, and the haunted cross- 751 roads and footpaths are not avoidable. Thus, in order to protect themselves [263] against ill effects from these encounters, the Sarakatsani always carry with [783]

/280 cont./

754 himself. These methods can take effect either by contact with the victim or by proximity or even at a distance. One of our informants assured us that his grandmother had been stricken with blindness for seven years by having passed over bewitched objects.

[821] Sometimes the spells are cast by releasing the forces of nature. The enemies of a family that was celebrating the wedding of one of its members drew lightning on the company and caused the death of several persons.

The nature of the evil provoked by the spell, its duration and the recovery from it depend on the procedure used, on the power of the sorcerer and the means of defense available to the victims. Mysterious and incurable illnesses, sudden deaths, infirmities, material damage, economic catastrophes, family troubles, etc., are among the effects of black magic.

[791] There are several ways of coping with this. First, one can ask the aid of a richtologos. Then one can turn to the help of the Church in the [793] person of the country priest, who will initiate a special exorcism [789] against the spells. (86)

[155] 86. Neutralization of the evil by the opposition of favorable of unfavorable forces.

[151] Finally, one can use a protective amulet composed of various appropriate [789] objects, the most efficacious of which is the viper's head.

[825] The magic function of the snake, the last but not least important 789 and the most secret, to which we have alluded on several occasions, completes 825 the list. The snake, a lunar and chthonian symbol, connected with rain, fecundity and fertility, knowing the mysteries of life and death, is also a prophet and a sage. (87)

87. Van de Leeuw: Ibid., p. 67.--On the capacities of the snake as sage see: A.W. Perssons: The religion of Greece /cited in English/ who reports the ancient legend about the death and resurrection of Glaukos, son of Minos, brought about by the oracle of Polyidos who gave him a plant with which a

/350 cont./

811 and their magic. But we have not examined it systematically. It is
[128] appropriate now to present some of the aspects of their knowledge which have remained in shadow and which, together with what has gone before, will permit a view of the totality of the problem.

* * * *

805 A first category of knowledge deals with the measurement and division of time, by calendar and by the clock.

[779] In a general way the Sarakatsani follow the calendar of surrounding
805 society. However, among them the year is additionally divided into
221 two major periods determined by the seasonal migrations: the period of
233 the "plains" (chimadiá) and that of the "mountains" (psilomata). Phases in the life of the livestock likewise determine and characterize certain periods of the year. Thus the Sarakatsani refer to the "time of fecundation" (markalos), the "time of birth" (ghénnos), the "time of milk" (ghálata--the period when milk is abundant), the "time of shearing" (kouros), the "time of rotation" (arádhia--the period when milk production has become minimal and when each of the participants of the Tséligato takes turns milking all the ewes for his own use).

805 These divisions of the year, dictated in the end by work, are used along with the divisions into months and weeks. But it is obvious that the first have a "human" depth much more important than the second.

805 The religious holidays also represent some salient points that serve
796 as a pivot for the temporal placement of various events and phases of life. The anniversaries of Saint George and Saint Demetrius, for example, determine respectively the beginning of the period of summer and that of winter.

805 The movements of the sun, the moon and some stars or constellations
821 serve, in turn, as a clock for the Sarakatsani. While during the day the height of the sun in relation to the horizon marks the hours, during

/350 cont./

805 821 (233) the night the height of the /351/ moon, but chiefly the appearance and position of the stars and constellations on the vault of heaven fulfill the same function. When, for example, Gemini is found near the zenith, the Sarakatsani send the flocks out to their nocturnal pasture. The same is true of the positions of Mars, the Pleiades, etc.

821 825 787 In second place come the meteorological forecasts.

What is striking is that the weather predictions are based chiefly on some signs derived from the behavior of the flocks and the wild animals. It would seem that on this point the Sarakatsani trusts the instinct of the animals much more than the phenomena of nature (winds, clouds, color of the sky at twilight, etc.). It is very probable that his attention, always polarized by his principal interest, the livestock, induces him to look at the world largely through it.

Thus, when during a sunny day the sheep, shortly before noon, gather together and sleep in the sun, huddled against each other, it is a sign of bad weather. If, in winter, the sheep browse voraciously, snow can be expected the next day. When the beasts of burden, grazing on the heights, start to come down again, the weather will be bad (rain or storm). The howling of jackals and wolves is a portent of bad weather. When it is fair and the owl settled in a spot usually sheltered from the sun (a gorge, for example), starts to hoot, the weather will change and become bad. On the other hand, if it is raining and the owl chooses a place generally exposed to the sun (a hillside with a southern exposure) to make itself hear, this means that the weather will improve.

759 752 In the third place, knowledge bearing on therapy should be mentioned. There are among the Sarakatsani specialists who practice orthopedics and kinesitherapy. In cases of fracture, dislocation and sprain, the practitioner uses ligatures or other manipulations that enable the bones 757 or displaced joints to recover. In case of lumbago, the patient must,